

MEET INFORMATION PACKET



2025 USA Zone E Championships

Venue – Midland, Texas

Date – June 13-15, 2025

Event Page Link - <https://www.usadiving.org>



USA DIVING 2025 ZONE F
CHAMPIONSHIPS



Thank you to our sponsors:



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VENUE

COM Aquatics Center

3003 North A Street

Midland, TX 79705

<https://comaquatics.com/>

MAP



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MEET CONTACT INFORMATION

John Proctor

850-228-6349

Basindive@gmail.com

DATES

Practice Dates: June 11-12

Competition Dates: June 13-15

FACILITY AND EQUIPMENT

Pool Equipment: 5 1M boards, 5 3M boards and a full Tower

Dryland Equipment: 2 in-ground trampolines, 3 above ground trampolines, 3 dry boards, and a floor area.

REGISTRATION

All participants must be “Current” members of USA Diving. All athlete and coach entries must be made online at www.divemeets.com prior to June 2 5:00 pm EST. No athlete or coach will be permitted access to the pool deck without having completed their DiveMeets registration.

Athletes may still register after the deadline up until three hours prior to their event with an added late fee of \$100. If a coach misses the online registration deadline, a \$20 late fee will be assessed prior to deck authorization.

The entry fees for all 2025 Zone Championships total \$85.00 per event. For more information about how these fees are broken down and how they are used, please [CLICK HERE](#) to visit the USA Diving Website where more information can be found.

DIVE CHANGES

All dive changes, including payment, **MUST** be done online through DiveMeets. Athletes may log into their DiveMeets account to review and update their dive sheets within the timeline outlined below:

1. Changes may be made online at no cost before 6:00 PM the night prior to the first day’s events, and before 12:00 PM the day prior to all competition days thereafter.
2. After the designated times in point 1, athletes may make changes to their dive sheets online at a cost of \$15 per event up until three hours prior to their event start time.
3. Dive changes will no longer be accepted three hours prior to the corresponding event.



PARTICIPANT COMPORTMENT

USA Diving promotes good sportsmanship from athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racist or sexist comments, or other intimidating actions directed at judges, meet personnel, athletes, coaches, spectators, or team representatives are grounds for removal from the site of competition. Thank you in advance for your cooperation.

Hazing, harassment, intimidation, menacing or bullying, and acts of cyberbullying by members towards any member is strictly prohibited. Retaliation against any person who reports, is thought to have reported, files a complaint or otherwise participates in an investigation or inquiry is also strictly prohibited. False charges shall also be regarded as a serious offense and will result in disciplinary action or other appropriate sanctions. Persons whose behavior is found to be in violation of this policy will be subject to discipline, up to and including expulsion. USA Diving may also make referrals to law enforcement officials.

Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms.

Changing into or out of swimsuits other than in locker rooms or designated changing rooms is not appropriate and is prohibited.

Athlete Safety Policy: <https://www.usadiving.org/resources/safe-sport>

TECHNICAL MEETING

The technical meeting will be held on Thursday June 12th at 12:00 PM.

PRACTICE DAYS AND OPEN WARM UP TIMES

Wednesday June 11th- Dryland opens at 3:00 PM, Water 3:30-7:30 PM

Thursday June 12th- Dryland 7:30 AM- 4:00 PM, Water 8:00 AM- 4:00 PM



ORDER OF EVENTS

Event Day 1 - Friday, June 13th

1 Meter - 11 Under Boys	3 Meter - 11 Under Girls
Platform - 16-18 Boys	1 Meter - 12-13 Boys
3 Meter - 12-13 Girls	Platform - 16-18 Girls
1 Meter - 14-15 Boys	3 Meter - 14-15 Girls

Event Day 2 - Saturday, June 14th

1 Meter - 11 Under Girls	3 Meter - 11 Under Boys
3 Meter - 12-13 Boys	Platform - 14-15 Girls
Platform - 14-15 Boys	1 Meter - 16-18 Boys
1 Meter - 12-13 Girls	3 Meter - 16-18 Girls

Event Day 3 - Sunday, June 15th

1 Meter - 14-15 Girls	3 Meter - 14-15 Boys
Platform - 11 Under Girls	Platform - 11 Under Boys
3 Meter - 16-18 Boys	1 Meter - 16-18 Girls
Platform - 12-13 Girls	Platform - 12-13 Boys

JUDGING

Each zone will be attended by one AQUA-Certified USA Diving Judge to serve as a Head Referee of the event, as well as an Assistant Referee.



Springboard Rules Summary

Group	Event	Total Dives	Degree of Difficulty (DD) Limit	Additional Rules
A (16-18)	Girls' 1m & 3m	9	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 4 dives without limit from different groups
A (16-18)	Boys' 1m & 3m	10	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 5 dives without limit from different groups
B (14-15)	Girls' 1m & 3m	8	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 3 dives without limit from different groups
B (14-15)	Boys' 1m & 3m	9	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 4 dives without limit from different groups
C (12-13)	Girls' 1m & 3m	7	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 2 dives without limit from different groups
C (12-13)	Boys' 1m & 3m	8	9.0 (1m), 9.5 (3m)	5 dives from different groups (DD limit), 3 dives without limit from different groups
D (11&U)	Girls' & Boys' 1m & 3m	6	7.0 (1m), 7.6 (3m)	4 dives from different groups (DD limit), 2 dives without limit from different groups
A/B Combined	Synchronized 3m	5	2.0 for first 2 dives	Must include dives from at least 4 different groups



Platform Rules Summary

Group	Event	Total Dives	Degree of Difficulty (DD) Limit	Additional Rules
A (16-18)	Girls' Platform (5m, 7.5m, 10m)	8	7.6	4 dives from different groups (DD limit), 4 dives without limit, at least 5 groups used
A (16-18)	Boys' Platform (5m, 7.5m, 10m)	9	7.6	4 dives from different groups (DD limit), 5 dives without limit, all 6 groups used
B (14-15)	Girls' Platform (5m, 7.5m, 10m)	7	7.6	4 dives from different groups (DD limit), 3 dives without limit, at least 5 groups used
B (14-15)	Boys' Platform (5m, 7.5m, 10m)	8	7.6	4 dives from different groups (DD limit), 4 dives without limit, at least 5 groups used
C (12-13)	Girls' Platform (5m, 7.5m)	6	7.6	4 dives from different groups (DD limit), 2 dives without limit
C (12-13)	Boys' Platform (5m, 7.5m)	7	7.6	4 dives from different groups (DD limit), 3 dives without limit
D (11&U)	Girls' & Boys' 5m	6	7.6	4 dives from at least three different groups (DD limit), up to one lineup dive (001 or 002, DD = 1.0) allowed, and 2 dives without limit from two different groups.
D * (11&U)	Girls' & Boys' 5m (For International Consideration)	6	7.6	4 dives from at least four different groups (DD limit) 2 dives without limit from two different groups.
A/B Combined	Synchronized Platform (5m, 7.5m, 10m)	5	2.0 for first 2 dives	Must include dives from at least 4 different groups



CHECK-IN TABLE

The check-in table will be located in the courtyard prior to entering the pool. The Courtyard is located between the COM Aquatics buildings to the North of the Abell Hanger Diving Well. Please be sure to check-in, pick up your athlete gift, and make any appropriate dive changes.

Check in times:

Wed June 11, 2025, from 3:00 PM-7:30 PM

Thursday, June 12, 2025, from 7:30 AM- 5:00 PM

Friday, June 13, 2025, from 7:00 AM- 3:00 PM

Saturday, June 14, 2025, from 7:00 AM- 3:00 PM

Sunday, June 15, 2025, from 7:00 AM- 9:00 AM

RESTROOMS

Athletes: Locker rooms are available in the hallway located to the East of the pool near the side 1M's.

Coaches/Staff/Adults: Restrooms are located in the front lobby. From the front lobby to left is the women's restroom and to the right is the men's restroom.

Spectators: Please use the restrooms located in the courtyard or the front lobby- but allow coaches and officials access to the front lobby restrooms as a priority.

FIRST AID/MEDICAL SERVICES

First Aid and ice packs are located adjacent to the Meet Ops room behind the curtains. The meet ops room is located just North of the Doss Room (hospitality). Julia Worthy is the head lifeguard, and she will initiate the steps to activate EMS in case of emergency.

Nearest Hospital: Midland Memorial Hospital: 400 Rosalind Redfern Grover Pkwy, Midland, TX 79701

ATHLETIC TRAINING/PHYSIOTHERAPY

If your team is bringing any medical personnel, you must email michael.retcher@usadiving.org before the registration late fees take effect for them to be permitted on deck.



COACH HOSPITALITY

The coaches' hospitality will be located in the Doss Room, west of the pool next to the concrete 1M's. Snacks and drinks will be available anytime the pool is open for competition or training. Breakfast and lunch will be provided on competition days.

EVENT MERCHANDISE

Custom, event-branded apparel will be available on-site, provided by USA Diving's merchandise partner, Fine Designs. Get your 2025 USA Diving Zone Championships gear at their stand throughout the event!

PARKING

Parking is located in multiple locations around COM aquatics. Please verify on the map below the appropriate days and times you can park in specific locations. We greatly appreciate your cooperation respecting any reserved patient parking signs during the Normal business hours. There is an active physical therapy clinic, and patients need close proximity to the clinic



TICKETING

Spectator Passes will be available. The cost is \$15 per day or \$35 for an all-event pass.



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FOOD/CONCESSIONS

Concessions will be available during the competition and will be located in the courtyard.

VENDORS

COM Swim Shop will be open on Friday and Saturday during the competition.

WI-FI

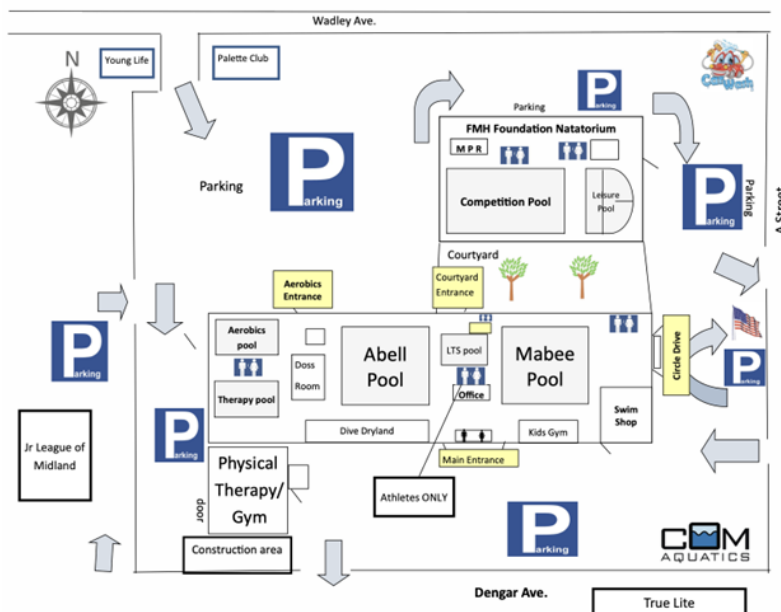
Public Wi-Fi will be available, and the network/password will be posted around the pool and spectator seating sections.

STREAMING

COM Aquatics is working to provide a Live streaming option. Details will be provided closer to the competition.

DECK MAP

This map shows the location of parking options, restrooms, Doss Room, dryland room, Swim shop, and the courtyard.



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